## ABSTRACT OF THE DISCLOSURE

Radio communication system and method capable of expanding the coverage of a radio base station and thereby permitting efficient radio communications. Continuous time slot allocating unit continuously allocates time slots in a frame to generate a continuous time slot. During the period the continuous time slot, a propagation information calculating unit communicates with terminal propagation information calculate about propagation between the radio base station and the terminal unit. Also, during the period of the continuous time slot, 9 transmission timing calculating unit calculates, based on the propagation information, transmission timing for signal to be transmitted from the terminal unit to the radio base station. Signal transmitting unit transmits the signal in accordance with the transmission timing.